



Warren Consolidated Schools

Creating Dynamic Futures through Student Achievement, High Expectations, and Strong Relationships

Wellness Committee

Minutes

November 17, 2020

4:30

Members:

Jill Alm

Ann Clark

Doreen Dickman

Caroline Dylewski

Pam Fry

Wen Guo

Frank Kyewski

Terri Laws

Christine Lewis

Kyla Marcial

Albana Metaj

Craig Miller

Khris Nedam

Megan Papasian-Broadwell

Alecia West

Emily Wieczerza

Guest _____

Guest _____

Guest _____

1. Introductions
2. Heart Challenge
 - a. The Wellness Committee will continue its partnership supporting the American Heart Association's Go Red Initiative.
3. Policy Recap
 - a. Looking ahead at the Wellness Policy Assessment. Comparing various assessments to the one that was previous created for WCS.
4. Work goals for this year
5. Action Items
 - a. Wellness Assessment – Caroline, Alecia, and Frank
 - i. Compare premade assessments that Caroline has to the one Frank created in Microsoft Forms. Alecia will assist in preparation of the document.
 - b. Healthy Recipes – Caroline, Jake
 - i. Including Holiday themed recipes to go on the back of the menu. Jake will provide recipes to Caroline
 - c. Staff Virtual Activities -Pam, Craig, and Frank
 - i. Come up with a way for staff with common interests to interact virtually.
 - ii. Survey the staff to find people who want to participate and lead the activities.