

ANGUS ECSE * NOVEMBER '24

A Nourished Student is a Learning Student!



This institution is an Equal Opportunity Provider.



Sun

HIRING

WCS
NUTRITION
SERVICES IS
LOOKING FOR
A GOOD
EMPLOYEES
TO FULFILL
OUR NEED
FOR
CAFÉTERIA
HELPERS.
APPLY
ONLINE
TODAY!
Call the
Nutrition
Service Office at
586.698.4158 to
express your
interest in
employment.

Mon

10/28
Certified Halal Beef Steak
Burger on Whole Wheat Bun
4- Smiley Fries
Ketchup & Mustard
1/4 cup Peach Cup

4
4-Mini Whole Grain Turkey
Corn Dogs
1/4 cup Vegetarian Baked
Beans
1/4 cup Diced Peaches
Ketchup & Mustard

11
Whole Grain Breaded
Chicken Patty Sandwich on a
Whole Wheat Bun
1/4 Cup Seasoned Corn
1/4 cup Fresh Grapes
BBQ Sauce Packet

18
All Beef Hot Dog on a
Whole Grain Bun
Ketchup
1/4 cup Vegetarian Baked
Beans
1/4 cup Mixed Fruit Cup
Ketchup & Mustard

25
Certified Halal Beef Steak
Burger on Whole Wheat Bun
4- Smiley Fries
Ketchup & Mustard
1/4 cup Peach Cup

Tue

10/29
3-Cheese Stuffed Breadstick
Bites
1/4 cup Marinara Sauce
1/4 Cup Green Beans
Strawberry Cup

5
No School

12 **Bagel Fun Day!**
Whole Grain Bagel
Light Cream Cheese
Strawberry Yogurt
Low Fat Mozzarella Cheese
Stick
1 bag Fresh Apple Slices
1 Bag Baby Carrots

19
Italian Pull Apart Cheese &
Garlic Bread
1/4 cup Seasoned Corn &
Carrots
1/4 cup Diced Peaches

26
**HALF DAY
BREAKFAST ONLY
FOR PM ECSE**

Wed

10/30
Whole Grain Cheese Quesadillas
Served with
1/4 cup Refried Beans
1/4 cup Cinnamon Applesauce

6
3-Whole Grain Breaded
Chicken Tenders
4 Smiley Fries
1/4 Mandarin Orange Cup
BBQ Sauce

13 **Thanksgiving Meal**
3oz Turkey & Gravy
1/4 cup Mashed Potatoes
1/4 cup Seasoned Green Beans
1 WG Dinner Roll
1/4 cup Cinnamon Applesauce

20
WG Galaxy Pizza
1/4 cup Seasoned Broccoli
1 Fresh Banana

27

Thu

10/31 **Happy Halloween**
4- Whole Grain Breaded
Chicken Nuggets
1/4 cup Seasoned Broccoli
1/4 cup Mixed Fruit Cup
Ketchup Packet

7
Mozzarella Cheese Topped
Breadsticks
1/4 cup Marinara Sauce
1/4 cup Seasoned Broccoli
1/4 cup Mixed Fruit

14
Whole Grain Beef Taco Stick
1/4 cup Refried Beans
Strawberry Cup

21
Whole Grain Grilled
Cheese
1/4 cup Applesauce Cup
1/4 cup Seasoned Green
Beans

28

Fri

1
1 Smoked Turkey Breast Stick
1 Cheddar Cheese Stick
1 bag Whole Grain Cheez-it
crackers
1 bag Baby Carrots
1 Bag Fresh Apple Slices

8
**HALF DAY
BREAKFAST ONLY
FOR AM ECSE**

15
No School

22
1 Hummus Cup
1 Cheddar Cheese Stick
1 Whole Grain Pita (cut)
1 Bag Cherry Tomatoes
1 bag Fresh Apple Slices

Sat

Everyday
your child
will
receive 1%
white milk
with
their meal.

Due to
continued
nationwide
food
shortages
and supply
chain issues,
menus are
subject to
change
depending on
availability.

