



# Nutrition Services



A nourished student is a learning student!

## SCHOOL DINNER PROGRAM 2019/20

The Sterling Heights High School and Warren Mott High School Dinner program is for students participating in teacher supervised after school educational programs. All students will need to sign the attendance sheet, as well as provide their ID number when receiving their dinner. Students can come from different schools in the district to participate as well, they will need to list they attend.

Meal Service is available every day, excluding half days of schools.

**SHHS - 2:20 pm to 3:30 pm**

**Mott - 2:20 pm to 3:30 pm**

Each meal **must** include an entrée, two choices of fruit and/or vegetable and a choice of 1% white, skim white, and fat free chocolate milk.

A variety of fresh fruits, canned fruits, and fresh vegetables will be available to select from daily.

Mondays: Hamburgers or Cheeseburgers, Seasoned Corn

Tuesdays: Whole Grain Breaded Chicken Nuggets & Whole Wheat Roll,  
Seasoned Carrots

Wednesdays: Bosco Sticks with Marinara Sauce, Seasoned Green Beans

Thursdays: All Beef Hot Dogs and Chili, Vegetarian Baked Beans

Fridays: Breaded Chicken Sandwich, Seasoned Broccoli

Sub Sandwiches and Chef Salad will be available daily to select as an entrée .

**This institution is an equal opportunity provider.**

