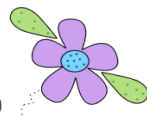


BUTCHER * MAY.22

It's
May!



A nourished student is a learning student!

A Complete Breakfast & Lunch are Free to All Students in 2021/22



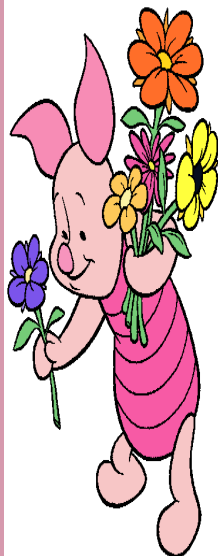
This institution is an equal opportunity provider.

Sun

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFETERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Free and reduced meal applications can be completed online. This convenient and confidential website allows for quicker processing than the paper applications. The link to www.lunchapp.com is available at the WCS Nutrition Services website.



Mon

2

Whole Grain Breaded Chicken Patty Served on Whole Grain Hamburger Bun Or Whole Grain Crust Cheese Pizza

Seasoned Green Beans

9

Penne Pasta with Alfredo Sauce Served with a Whole Grain Roll Or Whole Grain Chicken Tenders with Graham Crackers

Seasoned Broccoli

16

Whole Grain Mac & Cheese Served with a Whole Grain Roll Or Whole Grain Crust Cheese Pizza

Dill Seasoned Carrots

23

Regular or Spicy Chicken Patty Served on Whole Grain Hamburger Bun Or Whole Grain Crust Cheese Pizza

Seasoned Green Beans

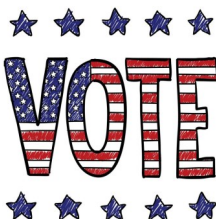
30

No School



Tue

3 **No School Election Day**



10

All Beef Meatballs with Mashed Potatoes & Brown Gravy with NY Style Garlic Knot Or Whole Grain Crust Cheese Pizza

Cherry Tomatoes

17 **Early Release**

Whole Grain Soft Pretzel served with Cheese Sauce Or Whole Grain Mini Corndogs

Broccoli Salad

24

All Beef Hotdog served on Whole Grain Bun Or Oven Baked Whole Grain Breaded Mozzarella Cheese Sticks served with Marinara Sauce

Oven Baked Fries

Fresh Watermelon

31

Whole Grain Breaded Mini Corndogs Or Whole Grain Crust Cheese Pizza

Oven Roasted Broccoli

Wed

4

Bosco Sticks & Tomato Dipping Sauce OR Sloppy Joe Served on Whole Grain Hamburger Bun

Dill Seasoned Carrots

11

Bosco Sticks & Tomato Dipping Sauce Or Oven Baked Italian Sub

Carrots & Corn

Fruited Jello

18

Bosco Sticks & Tomato Dipping Sauce Or Inside Out Burger on a Whole Grain Bun w/ 2 Onion Rings

Baked Beans

25

Bosco Sticks & Tomato Dipping Sauce OR BBQ Pulled Chicken on Whole Grain Hamburger Bun

Chickpeas and Cherry Tomatoes salad

6/1

Bosco Sticks & Tomato Dipping Sauce Or Oven Baked Italian Sub

Carrots & Corn

Fruited Jello

Thu

5 **Cinco de Mayo**

2 for 1 Chicken Fajita Served with Ultragrain Tortillas Or Cheeseburger served with Whole Wheat Bun

Seasoned Corn

Mixed Fruit

12

Grilled Cheese Sandwich Or 2 for 1 Buffalo Glazed Chicken Drumsticks served with 2 Dinner Rolls

Italian Style Green Beans

19

Whole Grain Cheese Ravioli served with Marinara Sauce and a Dinner Roll Or Chicken Nuggets served with Whole Grain Dinner Roll

Baked Potato Halves

26

Meat & Cheese Nachos, or Cheese Nachos Or Cheeseburger served with Whole Wheat Bun

Oven Roasted Broccoli with Onions & Parmesan Cheese

6/2

Hot Ham and Cheese Sandwich on a Pretzel Bun Or Orange Chicken served with Vegetable Fried Rice and a Dinner Roll

Far East Vegetable Blend

Fri

6 **School Lunch Hero Day**

French Bread Pizza Or Cook's Choice Entree

Chickpeas and Cherry Tomatoes salad

Fresh Apples

13

Cook's Choice Entree Or Fish Sandwich with Tartar Sauce

Vegetarian Baked Beans

20

2 Whole Grain French Toasts & Cheese Egg Omelet Or Cook's Choice Entrees

Fresh Cucumbers

27

Half Day

Breakfast Only

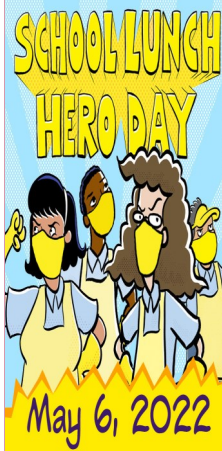


6/3

Chicken Parmesan Sandwich on Whole Grain Bun Or Cook's Choice Entrees

Vegetarian Baked Beans

Sat



Cold Lunch Choices

Monday, Wednesday, & Friday

Soybutter Meal Chicken Chef Salad w/ Ranch Dressing Hummus Platter

Tuesday & Thursday

Parfait w/ Banana Bread Veggie Chef Salad w/ Italian Dressing Turkey Sub Sandwich w/ Mayo & Mustard Packet

Choice Of Milk

Due to Nationwide Food Shortage and Supply Chain Issues, menus are subject to change depending on availability.