



adaptive athletes



Mondays
5:15–5:45 p.m. | ages: 4–8

Specially designed for children with developmental, cognitive, and/or physical impairments, this class blends physical activity with friendship and learning.

Children will be guided through the basics of various sports to enhance their motor, social, emotional, and learning skills.

The Adaptive Athletes program is designed for one child and one caregiver.

Winter Sessions: 1/27 – 3/10, 3/31 – 5/5

No Class: 2/17



register online

**SCAN
ME!** >>>



or visit: myshpr.net/register