

WCS WOFS MENU * JUNE ' 22

A Nourished Student is a Learning Student!



A Complete Breakfast & Lunch are
Free to
Students in 2021/22 School Year
Milk Only \$0.60

A Cold Lunch Choice is offered each day as a second choice entrée.
Monday, Wednesday, & Friday:
Soybutter & Jelly Sandwich, Goldfish Crackers, Cheese Stick
Tuesday & Thursday:
Hummus, Cheese Stick, & Pita with Salad

Breakfast menu is on the back of the page.

This institution is an Equal Opportunity Provider.

Sun

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TODAY!
Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Mon



6

Whole Grain Breaded Chicken Nuggets
4 Smiley Fries
1/4 cup Diced Pears

Tue

7 **Breakfast For Lunch**

Whole Grain Eggo Mini Pancakes
2 Chicken Sausage Patties
1 Orange Juice
1 bag Fresh Baby Carrots with Ranch

Wed

1 **Parfait Lunch**

Fruit Parfait made with Low Fat Yogurt served with Whole Grain Banana Bread
Low Fat Mozzarella Cheese Stick
1 bag Baby Carrots with Ranch

8

Whole Grain Beef Taco Stick
1/4 cup Salsa and
1/4 cup Refried Beans
1/4 cup Mixed Fruit

Thu

2

Mozzarella Cheese Topped Breadsticks
1/4 cup Marinara Sauce
1/4 cup Diced Pears

9 **Last Day of School**

Whole Grain Breaded Chicken Patty on a Whole Wheat Hamburger Bun
BBQ Sauce
1/4 cup Oven Roasted Broccoli
1/4 cup Diced Peaches

Fri

3

No School



10

No School

Sat

Everyday your child has a choice of milk and an opportunity to select from a wide variety of fresh fruits and vegetables to complete their meal.



ENJOY
≈ YOUR
SUMMER

