



World of Fours Snacks Menu

Monday

**Mozzarella Cheese
Stick
Grape Juice**

Tuesday

**Whole Grain Gripz
Graham Cracker
1% White Milk**

Wednesday

**Whole Grain Cheddar
Goldfish Cracker
Apple Juice**

Thursday

**Fresh Apple
1% White Milk**



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Michigan Department of Education
Child and Adult Care Food Program

Where Healthy Eating Becomes a Habit
Parent Information Sheet

The half day World of Four classes are participants in the Child and Adult Care Food Program (CACFP), a United States Department of Agriculture (USDA) program. The CACFP provides cash reimbursement to child care centers for nutritious meals and helps children develop healthy eating habits. The CACFP is administered by the Michigan Department of Education (MDE).

Through the Child and Adult Care Food Program you can be assured that your child is getting balanced, nutritious meals and developing healthy lifelong eating habits. Proper nutrition during the early years ensures fewer physical and educational problems later in life.

As a participant in the CACFP, your child care center receives reimbursement for serving nutritious meals and snacks. Meals and snacks must meet the USDA meal pattern requirements listed below.

Snack (serve 2 from the 4 food)
Milk
Fruit, Vegetable, or Juice
Grain/Bread
Meat or Meat Alternate

Children less than one year old: Foods in the infant meal pattern vary according to the infant's age. If your child is less than one year old, please request the infant meal pattern requirements from our center.

MDE is required to verify the enrollment, attendance and meals/snacks typically consumed by children while they are in care. MDE staff may contact you regarding your child's participation in our day care center.

If you have any questions about the Child and Adult Care Food Program, please contact:

Warren Consolidated Schools
Nutrition Services
31950 Mound Rd
Warren, Michigan 48092
(586) 698-4158

or

Child and Adult Care Food Program
Michigan Department of Education
P.O. Box 30008
Lansing, Michigan 48909
(517) 373-7391

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