

HATHERLY * MAY.22



A nourished student is a learning student!

This institution is an equal opportunity provider.

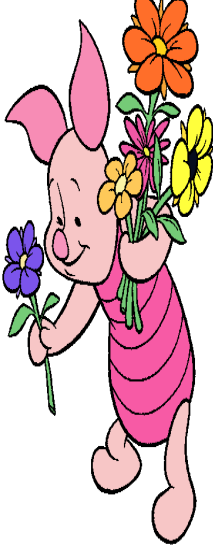
A Complete Breakfast & Lunch are Free to All Students in 2021/22



HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFETERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Free and reduced meal applications can be completed online. This convenient and confidential website allows for quicker processing than the paper applications. The link to www.lunchapp.com is available at the WCS Nutrition Services website.



Sun

Mon

2 Whole Grain Breaded Chicken Patty Served on Whole Grain Hamburger Bun Or Whole Grain Crust Cheese Pizza
Seasoned Green Beans

9 Penne Pasta with Alfredo Sauce Served with a Whole Grain Roll Or Whole Grain Chicken Tenders with Graham Crackers
Seasoned Broccoli

16 Whole Grain Mac & Cheese Served with a Whole Grain Roll Or Whole Grain Crust Cheese Pizza
Dill Seasoned Carrots

23 Regular or Spicy Chicken Patty Served on Whole Grain Hamburger Bun Or Whole Grain Crust Cheese Pizza
Seasoned Green Beans

30 **No School**

Tue

3 **No School Election Day**

★ ★ ★ ★ ★
VOTE
★ ★ ★ ★ ★

10 All Beef Meatballs with Mashed Potatoes & Brown Gravy with NY Style Garlic Knot Or Whole Grain Crust Cheese Pizza
Cherry Tomatoes

17 **Early Release**
Whole Grain Soft Pretzel served with Cheese Sauce Or 8 Whole Grain Mini Corndogs Served with Crackers
Broccoli Salad

24 All Beef Hotdog served on Whole Grain Bun Or Oven Baked Whole Grain Breaded Mozzarella Cheese Sticks served with Marinara Sauce
Oven Baked Fries
Fresh Watermelon

31 Whole Grain Breaded Mini Corndogs Or Whole Grain Crust Cheese Pizza
Oven Roasted Broccoli

Wed

4 Bosco Sticks & Tomato Dipping Sauce OR Sloppy Joe Served on Whole Grain Hamburger Bun
Dill Seasoned Carrots

11 Bosco Sticks & Tomato Dipping Sauce Or Oven Baked Italian Sub
Carrots & Corn
Fruited Jello

18 Bosco Sticks & Tomato Dipping Sauce Or Inside Out Burger on a Whole Grain Bun w/ 2 Onion Rings
Baked Beans

25 Bosco Sticks & Tomato Dipping Sauce OR BBQ Pulled Chicken on Whole Grain Hamburger Bun
Chickpeas and Cherry Tomatoes salad

6/1 Bosco Sticks & Tomato Dipping Sauce Or Oven Baked Italian Sub
Carrots & Corn
Fruited Jello

Thu

5 **Cinco de Mayo**
2 for 1 Chicken Fajita Served with Ultragrain Tortillas Or Cheeseburger served with Whole Wheat Bun
Seasoned Corn
Mixed Fruit

12 Grilled Cheese Sandwich Or 2 for 1 Buffalo Glazed Chicken Drumsticks served with 2 Dinner Rolls
Italian Style Green Beans

19 Whole Grain Cheese Ravioli served with Marinara Sauce and a Dinner Roll Or Chicken Nuggets served with Whole Grain Dinner Roll
Baked Potato Halves

26 Meat & Cheese Nachos, or Cheese Nachos Or Cheeseburger served with Whole Wheat Bun
Oven Roasted Broccoli with Onions & Parmesan Cheese

6/2 Hot Ham and Cheese Sandwich on a Pretzel Bun Or Orange Chicken served with Vegetable Fried Rice and a Dinner Roll
Seasoned Green Beans

Fri

6 **School Lunch Hero Day**
French Bread Pizza Or Cook's Choice Entree
Chickpeas and Cherry Tomatoes salad
Fresh Apples

13 Cook's Choice Entree Or Fish Sandwich with Tartar Sauce
Vegetarian Baked Beans

20 2 Whole Grain French Toasts & Cheese Egg Omelet Or Cook's Choice Entree
Fresh Cucumbers

27 **Half Day Breakfast Only**

6/3 Chicken Parmesan Sandwich on Whole Grain Bun Or Cook's Choice Entree
Vegetarian Baked Beans

Sat

Cold Lunch Choices

Monday, Wednesday, & Friday

Soybutter Meal Chicken Chef Salad w/ Ranch Dressing Hummus Platter

Tuesday & Thursday

Parfait w/ Banana Bread
Veggie Chef Salad w/ Italian Dressing
Turkey Sub
Sandwich w/ Mayo & Mustard Packet
Choice Of Milk

Due to Nationwide Food Shortage and Supply Chain Issues, menus are subject to change depending on availability.

