

Warren Consolidated Schools High School Lunch Menu
2021/22 School Year



Cousino - Sterling Heights High School - Warren Mott

A Complete Lunch is Free to All Students in 2021/22 School Year

Monday, Wednesday, & Friday Cold Lunch Choices

Soybutter Meal, Chicken Chef Salad, Turkey Ham Sub Sandwich, Italian Sub Sandwich, Greek Salad

Tuesday & Thursday Cold Lunch Choices

Barfresh Smoothie w/ Banana Bread, Fruit & Yogurt Parfait w/ Banana Bread, Veggie Chef Salad, Turkey Sub Sandwich, Hummus Platter

Also Served Daily:

A variety of fresh fruits and vegetables, 100% fruit juices, Fat Free Chocolate Milk, Fat Free White Milk, and 1% Milk

We follow a two week cycle menu for lunches to help control food costs.

PLEASE LOOK AT WEEK START DAYS TO DETERMINE WHICH MENU WILL BE FOLLOWED.

WEEK ONE

*Served the weeks that begin
on dates as followed:*

**May 2nd, May 16th
&
May 30th**

Monday: Cheeseburger OR Hamburger, Hot & Spicy Whole Grain Breaded Boneless Chicken Wings with a Dinner Roll, Mac & Cheese with Whole Grain Dinner Roll, Whole Grain Soft Pretzel served with Cheese Sauce, **Vegetarian Baked Beans**

Tuesday: Whole Grain Crust Cheese Pizza, WCS Made Sloppy Joe served with Whole Wheat Hamburger Bun, Breaded Chicken Sandwich OR Spicy Chicken Sandwich, Black Bean Burger, Seasoned Green Beans

Wednesday: Cheesy Bosco Sticks with **Marinara Sauce**, Grilled Cheese Sandwich, Chicken Tenders and Waffle served with Syrup, 2 for 1 Chicken Fajita served with Ultragrain Tortillas, Salsa, **Oven Roasted Broccoli**

Thursday: Chicken Parmesan Sandwich, Mozzarella Cheese-Topped Breadsticks, All Beef Meatballs served with **Mashed Potatoes** & Gravy with 2 dinner rolls, Fish Sandwich

Friday: Whole Grain Crust Cheese Pizza, Cheesy Bosco Sticks with **Marinara Sauce**, Oven Baked Italian Sub, 6 Chicken Pot Stickers with Teriyaki Sauce served with an Egg Roll, Far East Vegetable Blend

WEEK TWO

Served the weeks that begin on dates as followed:

May 9th

&

May 23rd

Monday: Cheeseburger OR Hamburger, Nachos & Cheese, Meat & Cheese Nachos, Penne Pasta with Cheesy Alfredo Sauce served w/ a Dinner Roll, Mozzarella Cheese-Topped Breadsticks, **Dill Seasoned Carrots**

Tuesday: Whole Grain Crust Cheese Pizza, Breaded Chicken Sandwich OR Spicy Chicken Sandwich, Cheese Ravioli w/ Marinara Sauce served with a Dinner Roll, Big Mac Salad with 2 Dinner Rolls, Whole Grain Quesadilla served with Salsa & Sour Cream Packet, **Refried Beans**

Wednesday: Cheesy Bosco Sticks with **Marinara Sauce**, Popcorn Chicken Bowl with **Mashed Potatoes and Corn & up to two dinner rolls**, 5 Mini Turkey Pepperoni Calzones, 2 Buffalo Glazed Drumsticks with a Dinner Roll, **Oven Roasted Broccoli with Onions & Parmesan Cheese**

Thursday: Cheeseburger OR Hamburger, 2 Cinnamon French Toast with Egg Omelet OR Chicken Sausage Patties, Orange Chicken served with Vegetable Fried Rice & a Roll, Fish Sandwich OR Black Bean Burger, Seasoned Green Beans

Friday: Whole Grain Crust Cheese Pizza, Breaded Chicken Sandwich OR Spicy Chicken Sandwich, Cheesy Bosco Sticks with **Marinara Sauce**, All Beef Hot Dog on Whole Wheat Bun served with a Dinner Roll, **Seasoned Peas & Carrots**

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS.

[APPLY ONLINE TODAY!](#)

Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Important Notice on Menu Changes in 202122 School Year

Nationwide, food suppliers face labor shortages and transportation challenges that are adding costs and limiting supplies. Food distributors expect to run low on everything from canned fruit to lunch trays.

Due to severe labor shortage in our department and food shortage across the nation, WCS Nutrition Services anticipate frequent menu changes in 2021-22 School Year. We may serve different entrees at different elementary schools depending on availability. We will notify schools and district nurses of all menu changes prior to the serving day so proper announcement can be made.

Ala carte items are also sold during lunch. All items sold are Smart Snack Compliant. Choose from baked chips, chocolate chip cookie, & ICE Drinks. If monies are owed on a student's account, ala carte will not be sold to the student.

A complete meal at a high school includes an entrée, up to 1 cup of fruits, up to 1 cup of vegetables, and a choice a milk.

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