

Website: www.myshpr.net Email: recreation@sterling-heights.net

Address: 40250 Dodge Road, Sterling Heights, MI 48313

Phone: (586) 446-2700

Follow us on: <u>facebook.com/myshpr</u>
Twitter: <u>@sterlingheights</u>

Instagram: @myshpr



# Winter 2022/23 Recreation Connection Newsletter

# "A Sterling Christmas"



December 3 5:45 - 8:30 pm Dodge Park



"A Sterling Christmas" is SPONSORED BY:









# Everyone is invited to ring in the holiday season with a variety of family fun activities including:

- Visits with Santa / Tree Lighting
- \* Holiday Music & Caroling
- \* Horse Drawn Wagon Rides
- Train Rides
- NEW This Year Ferris Wheel

- Petting Farm
- \* Pony Rides
- \* Ice Skating



Group Photo Opportunities

# PINEWOOD DERBY RACE

Design, assemble, race! We will provide you with the car kit and you get to assemble it and design the car you think will be the fastest. With multiple age groups and divisions to race in this is a great event for everyone.

Location: Community Center
Day / Date: Saturday, February 18
Time: 10 a.m. - 1 p.m.

Fee: \$20 Resident / \$26 Non-resident

Ref. #: 3000.108 12 and under Ref. #: 3000.109 13 - 17 years Ref.#: 3000.110 18 +



### THANKSGIVING TENNIS TOURNAMENT

### Saturday, November 26

Entry Level - 36' court, simplified serving and scoring. Volunteers are needed to help the kids keep score for this level.

2803.208 Ages: 5 - 8 Time: 9 - 10:30 a.m. Fee: \$13 Resident / \$17 Non-resident Beginner Level - 60' court but simplified serving and scoring. If your child can count to 7, they can keep score in this event.

2803.209 Ages: 7 - 13 Time: 10:30 a.m.- 12:30 p.m. Fee: \$17 Resident / \$22 Non-resident

Advanced Beginner Level - 60' court, traditional no-ad scoring. Players must be able to keep score on their own, serve into the correct box with some reliability.

2803.210 Ages: 9 - 18 Time: 12:30 - 3 p.m. Fee: \$20 Resident / \$26 Non-resident

# <u>TEEN ROOM</u>

The Community Center is home to our Teen Room specifically designed for ages 12 - 17 years old. The Teen Room features comfortable furniture, a homework table, gaming systems, Esports arena and a safe environment where everyone is welcome. All teens check-in at the Welcome Desk with their school ID and sign the guidelines policy.

Our Teen Room drop-in hours are:

Monday 2 - 4:30 p.m.
Tuesday 2 - 8 p.m.
Wednesday - Friday 2 - 6 p.m.
Saturday 1 - 6 p.m.
Sunday Noon - 4 p.m.



# ADAPTIVE RECREATION

The Adaptive Recreation program services children and adults with physical and/or cognitive disabilities. Residents of Sterling Heights and non-residents from surrounding communities are welcome to participate.

Go to <u>www.myshpr.net</u> to view the Sterling Special for the most current program information.

# TUMBLING & GYMNASTICS

We offer tumbling and gymnastics classes by age and work with our athletes based on their personal skill level. Our classes focus on perfecting the fundamental skills, strength, flexibility and balance needed for success on floor, vault and balance beam. Once they have the basics down we help them progress to the next skills using drills and exercises necessary to reach their performance goals. We offer handouts and encourage our young athletes to work on conditioning throughout the week as well

Dates: Friday Evening & Saturday Day Classes

Dates: January 6 - March 10 & January 7 - March 11

March 17 - May 19\* & March 18 - May 20\*

Classes: Parent & Tot (Ages 1-3) Pre-school (Ages 4-6)

Youth Gymnastics (Ages 7 –12)

Advanced (Instructor Recommendation) **Location:** Community Center

\*No Class: 4/7, 4/8





# Dodge Park Ice Rink

The ice rink located within Dodge Park will officially open for the season on December 1. Follow us on Facebook @myshpr, check our website or call the hotline number (586) 446-2711 for updates. Ice skating enthusiasts of all ages can enjoy the feel of an open air ice rink, but with protection from the wintry elements. The refrigerated ice rink will be open seven days a week and will be available for open skating only. Heated restrooms are available at this facility.

### **Hours of Operation**

Monday - Thursday, Noon - 9 p.m. Friday, Noon - 10 p.m. Saturday, 11 a.m. - 10 p.m. Sunday, 11 a.m. - 8 p.m.



### **Holiday Hours of Operation**

December 24 11 a.m. - 3 p.m. December 25 Closed December 31 11 a.m. - 3 p.m. January 1 Closed February 13 11 a.m. - 6 p.m.

### DEEBE'S COFFEE

Deebe's Coffee will be back serving great hot drinks on Friday, Saturday and Sunday during open skate times.

Sterling Heights Residents: Free (with Photo ID)\* Non-residents: \$5.00 per person Cash or Credit is accepted (Visa, Master Card & Discover) Skate Rental: \$3 / Skate Sharpening: \$5

\*Adults & Teens 16 and up must show photo ID Ages 13 - 15 must show ID if not accompanied by an adult Ages 12 years old & younger must be accompanied by an adult

### **SPECIAL EVENTS**

Cocoa with C.O.R.E. - 12/1, 6 - 9 p.m. Pride Night - 1/12, 6 - 9 p.m.

Glow Stick Nights - 7 - 9 p.m.

-70's Night - 1/7

-80's Night - 1/14 -90's Night - 1/21

-2000's Night - 1/28

Date Night - 2/11, 6 - 9 p.m. Game Nights - 2/10 & 2/24, 7 - 8 p.m.

Learn to Skate teaches the fundamentals of ice skating and provides the best foundation for hockey, figure skating or recreational skating. Learn to Skate is designed to build confidence while learning to skate incorporating fun & games; making class time an enjoyable experience for all. Free skate rental is included with each lesson. Classes held at Dodge Park Ice Rink.

### Adult Learn To Skate (Ages 16+)

Ref. #: 2000.606 Tuesday, 1/10 - 2/14 / 6:30 - 7 p.m. Ref. #: 2000.607 Saturday, 1/14 - 2/18 / 10 - 10:30 a.m.

### Children Learn To Skate (Ages: 3 - 15)

**Ref. #: 2000.600** Tuesday, 1/10 - 2/14 / 5:30 - 6 p.m. / Ages 3 - 6 **Ref. #: 2000.601** Tuesday, 1/10 - 2/14 / 6 - 6:30 p.m. / Ages 7 - 15 Ref. #: 2000.602 Saturday, 1/14 - 2/18 / 10 - 10:30 a.m. / Ages 3 - 6 Ref. #: 2000.603 Saturday, 1/14 - 2/18 / 10:30 - 11 a.m. / Ages 3 - 6 **Ref. #: 2000.604** Saturday, 1/14 - 2/18 / 10 - 10:30 a.m. / Ages 7 - 15 Ref. #: 2000.605 Saturday, 1/14 - 2/18 / 10:30 - 11 a.m. / Ages 7 - 15



Fees: Residents \$40 / Non-residents \$52

# TEEN NIGHT OUT

Once a month we will provide teens ages 12 - 17 with a chance to get together with friends and have some FUN! We will feature a different activity monthly, offering something for all! Fee includes planned events and snacks.

Ref. #: 4000.310 Bowling at Five Star Lanes\* - January 20 Time: 6:30 - 9:30 p.m. / Fees: \$20 Resident - \$26 Non-resident / 5 Star Lanes

Ref. #: 4000.311 "Painting with a Twist" - Winter Edition - February 24 Time: 7 - 9 p.m. / Fees: \$15 Resident - \$20 Non-resident / Community Center

Ref. #: 4000.312 Breakout Escape Room Experience\* - March 24 Time: 7 - 9:30 p.m. / Fees: \$25 Resident - \$33 Non-resident / Escape Room

Ref. #: 4003.313 "Fear Factor" Fixation - April 21 Time: 7 - 9 p.m. / Fees: \$15 Resident - \$20 Non-resident / Community Center

\*Indicates transportation will be provided from Community Center.



# "MAKER" ART CLASSES FOR TEENS

Explore, imagine and create projects in our new MAKER ART CLASSES FOR TEENS! Hands on experience working with elements of art, crafting, designing and building. Come hang out with your friends, learn a new hobby or just MAKE something new! Advanced registration is required; class maximum is 20 participants.

Ages: 12 - 17 years old

Day/Times: Tuesdays / 7 - 8 p.m. Fees: \$10 Residents / \$15 Non-residents Location: Community Center - Teen Room

Ref. #: 4000.330 Fiber Art - January 17

Ref. #: 4000.331 Upcycled T-Shirt Projects - WINTER BREAK\* - February 21

Ref. #: 4000.332 Painting with Watercolors - March 21

Ref. #: 4000.333 Print Making - April 18

WINTER BREAK time is 10 a.m. - noon for the Upcycled T-Shirt Projects on 2/21.



# <u>SUPER SMASH BRO'S LEAGUE - JUNIOR</u>

League play will take place each week in our Esports Arena presented by Christian Financial Credit Union. Weekly league play will consist of head to head matchup and battle royale. The league will be five weeks long with a single elimination tournament at the end. Prizes awarded for first and second place in league play and to the winner of the season ending tournament.

- 11 vears old Ages: Day / Dates: Thursdays, 1/12 - 2/16

Time: 6 - 8:30 p.m.

Fees: \$35 Resident / \$45 Non-resident Location: Community Center ESports Arena

Ref. #: 3000.508



# **ROCKET LEAGUE - FAMILY**

Register as an individual and tell your friends. Each week be matched up with and against others in the league. Scores will be tallied each week through match and team play. Top prizes will be given to first and second place finishers based on final scores.

Ages: All Ages

Day / Dates: Thursdays, 1/12 - 2/16

Time: 6 - 8:30 p.m.

\$35 Residents / \$45 Non-resident Fees: Community Center ESports Arena Location:

Ref. #: 3000.802



# <u>JUNIOR DROP-IN</u>

Day / Time: Mondays / 4:30 - 6:30 p.m. Day / Time: Saturdays / 9 - 11 a.m. Location: Community Center ESports Arena

7 - 11 years old Ages:

Fee: Free Resident / \$5 Non-resident Ref. #: Mon. 3000.500 / Sat. 3000.501

No Drop In: 12/24, 12/26, 12/31, 1/2, 1/16, 2/20, 3/4

## <u>TEEN DROP-IN</u>

Day / Time: Mondays / 6:30 - 8:30 p.m. Day / Time: Saturdays / 1 - 3 p.m. Location: Community Center ESports Arena

12 - 17 years old Ages:

Fee: Free Resident / \$5 Non-resident Mon. 3000.600 / Sat. 3000.601 No Drop In: 12/24, 12/26, 12/31, 1/2, 1/16, 2/20, 3/4

Day / Time: Wednesdays / 6 - 8:30 p.m. Day / Time: Saturdays / 11 a.m - 1 p.m. **Community Center ESports Arena** 

Ages:

Free Resident / \$5 Non-resident Fee: Ref. #: Wed. 3000.700 / Sun. 3000.701

No Drop In: 12/24, 12/28, 12/31

Players will have access to our PC's along with setups on the Switch and PS4 weekly. Players are allowed to bring in their own games and devices. Games brought in will be checked by staff.