

# WCS WORLD OF 4S MENU \* FEB 18

This institution is an Equal Opportunity Provider.

A Nourished Student is a Learning Student!



Sun

1% white milk included with lunch.

### HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TODAY!

Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Mon

5 Grilled Boneless Chicken Sandwich on a Whole Wheat Bun  
Low Fat Ranch Dressing  
Oven Roasted Broccoli  
Diced Pears

12 Hamburger with or without Cheese on Whole Wheat Bun  
Smiley Fries  
Ketchup & Mustard  
Diced Peaches

26 Mini Whole Grain Corn Dogs  
Vegetarian Baked Beans  
Diced Peaches

Tue

6 **Breakfast For Lunch**  
Whole Grain Eggo Mini  
Blueberry Pancakes  
Turkey Sausage  
Fresh Apple  
Carrot Sticks w/ Ranch

13 Whole Grain Cheese Italian Dunker  
Marinara Sauce  
Be Strong Chickpeas  
Cinnamon Applesauce

27 Garlic Parmesan Whole Grain Flat Bread  
Marinara Sauce  
Fresh Broccoli Buds w/ Ranch  
Cinnamon Applesauce

Wed



7 All Beef Hotdog on Whole Wheat Hotdog Bun  
Vegetarian Baked Beans  
Diced Peaches

14 **Valentine's Day**  
Whole Grain Bagel  
Strawberry Yogurt  
Low Fat Mozzarella Cheese Stick  
Carrot Sticks w/ Ranch  
Red Grapes

28 Soybutter & Jelly Sandwich  
Low Fat Mozzarella Cheese Stick  
Carrot Sticks w/ Ranch  
Red Grapes

Thu

1 **Bagel Fun Day**  
Whole Grain Bagel  
Light Cream Cheese  
Strawberry Yogurt  
Low Fat Mozzarella Cheese Stick & Apple Juice  
Carrot Sticks w/ Ranch

8 **Winter Olympics**  
*In PyeongChang, S. Korea*  
Olympics Chicken Rings drizzled with BBQ Sauce  
Seasoned Corn  
Ice Skating Strawberry Kiwi Slushie

15 **Chinese New Year**  
Whole Grain Breaded Chicken Nuggets  
Served with a Dinner Roll  
Fresh Broccoli Buds w/ Ranch  
Mandarin Oranges

Fri

2 **No School**

9 **No School**

16 **No School**

Sat



**Feb. 19—23 Winter Break**