

WCS HEAD START * JUNE. '17

A Nourished Student is a Learning Student!



This institution is an Equal Opportunity Provider.

Sun

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TODAY!

Call the Nutrition Service Office at 586.698.4158 to express your

Mon

The last day for the Double Session Monday thru Thursday classrooms is Thursday, June 9th.

5

Hamburger with cheese on WCS Made Whole Wheat Bun
Ketchup and Mustard
Oven Baked Potato Smiles
Diced Peaches

12

Mini Whole Grain Chicken Corn Dogs
Vegetarian Beans
Diced Peaches

Tue

6

BREAKFAST FOR LUNCH
Whole Grain Mini Maple Pancakes
Turkey Sausage
Fresh Apple
Celery Sticks with Ranch

13

Popcorn Chicken
Low Fat Ranch or Ketchup
Whole Wheat Dinner Roll
Seasoned Green Beans
Fresh Oranges

Wed

7

Grilled Cheese on Whole Grain Bread
Vegetarian Beans
Broccoli Salad
Cinnamon Applesauce

14 **Last Day for School**

"School of Fish" Lunch
Deli Turkey and Cheese on Goldfish Honey Wheat Bread
Whole Grain Fish Graham
Broccoli Salad
Assorted Fresh Fruit

Thu

1

BAGEL FUN DAY
Whole Grain Bagel
Light Cream Cheese
Strawberry Yogurt
Low Fat Mozzarella Cheese Stick
Carrot Sticks with Ranch
Fresh Apple

8

Soybutter & Jelly Sandwich
Low Fat Mozzarella Cheese Stick
Goldfish Crackers
Carrot Sticks
Diced Pears

Fri

2

Chicken Fajita On Whole Grain Soft Tortillas With Shredded Cheese & Shredded Lettuce
Refried Beans
Fresh Banana

9

Beef Meatballs served with Mashed Potatoes and Gravy
Dinner Roll
Fresh Banana

Sat



Have a Safe and Healthy Summer!