

WCS ELEMENTARY MENU * JUNE ' 17

A Nourished Student is a Learning Student!



Breakfast	\$1.50
Lunch	\$2.75
Milk	\$.60

This institution is an Equal Opportunity Provider.


Breakfast Weekly Cycle Menu

Monday: Whole Grain Waffles ,Fruit , Juice & Milk
 Tuesday: French Toast or Variety of Cold Cereals, Cheese Stick, Fruit , Juice & Milk
 Wednesday: Breakfast Pizza, Bagel Stick or Mini Cinnamon Bagels
 Thursday: Pancake or Variety of Cold Cereals with a Cheese Stick, Fruit , Juice & Milk
 Friday: Cinnamon Toast Crunch Crisps, Yogurt, Fruit, Juice & Milk
The Ultimate Breakfast Round and BeneFIT bars are available everyday as a choice .

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TODAY!
 Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Everyday your child has a choice of milk and an opportunity to select from a wide variety of fresh fruits and vegetables to complete their meal.

Mon	Tue	Wed	Thu	Fri	Sat
<p>A Salad Bar is offered each day as a second choice entrée. Monday: Yogurt, Cheese Stick, & Graham Crackers with Salad Tuesday: Hummus & Pita with Salad Wednesday: Taco Meat , Tortilla Chips & Salsa with Salad Thursday: Diced Turkey & Goldfish Crackers with Salad Friday: Diced Chicken & Graham Crackers with Salad</p> 					
<p>The salad bar option will not be available the last three days of school.</p>					
<p>5 Hamburger with cheese or no cheese on Whole Wheat Bun Waffle Cut Sweet Potato Fries Ketchup and Mustard Peach Cup</p>	<p>6 BREAKFAST FOR LUNCH Whole Grain Mini Maple Pancakes Turkey Sausage Assorted Juice Carrot Sticks with Ranch</p>	<p>7 Grilled Cheese on Whole Grain Bread WCS Made Vegetable Soup Sriracha Pinto Beans Fruited Jello</p>	<p>8 Whole Grain Breaded Chicken Nuggets Whole Grain Dinner Roll Baked Potato Half Assorted Fruits</p>	<p>9 Taste Testing New Pizza Bid Daddy's Hand Tossed Cheese Pizza Oven Roasted Broccoli Blueberry Parfait</p>	<p>Soybutter & jelly sandwich, cheese stick, & crackers are offered daily.</p>
<p>12 Mini Whole Grain Chicken Corn Dogs Vegetarian Baked Beans Cherry Tomato Salad Peach Cup</p>	<p>13 Whole Grain Breaded Popcorn Chicken Low Fat Ranch or Ketchup Whole Grain Dinner Roll Baked Potato Smiles Pear Cup</p>	<p>14 Soybutter & Jelly Sandwiches with a Mozzarella Cheese Stick & Goldfish Crackers Assorted Fresh Veggies Assorted Fruits</p>	<p>15 Last Day for Traditional Schools Breakfast Only Whole Grain Cheese Italian Dunkers Marinara Sauce Seasoned Green Beans Pear Cup</p>	<p>16 Mexicali Beef Fiestada Pizza Seasoned Corn Peach Parfait</p>	
<p>19 Nacho Day Reduced Fat Beef Taco Meat & Cheese Sauce w/ Whole Corn Tortilla Chips Salsa Refried Beans Assorted Fruits</p>	<p>20 Soybutter & Jelly Sandwiches with a Mozzarella Cheese Stick & Goldfish Crackers Assorted Fresh Veggies Assorted Fruits</p> <p>AS WELL AS A VARIETY OF COOK'S CHOICE OPTIONS (as we prepare to empty our freezers)</p>	<p>21 Last Day for Year Round Schools Breakfast Only</p>	<p>The last week & a half of school, the head cooks may be offering additional hot entrée choices in addition to what is featured on the menu. These cook's choices will vary from school to school as a way to empty out the freezer in preparation of summer shut down.</p>		

REMINDER:

Free and reduced meal applications can be completed for the 17/18 school year online in August. This convenient and confidential website allows for quicker processing than the paper applications. The link to www.lunchapp.com is available at the WCS Nutrition Services website.

