

WCS ELEMENTARY MENU * AUGUST '17

A Nourished Student is a Learning Student!



Breakfast	\$1.50
Lunch	\$2.75
Milk	\$.60

Breakfast Weekly Cycle Menu
 Monday: Whole Grain Waffles ,Fruit , Juice & Milk
 Tuesday: French Toast or Variety of Cold Cereals, Cheese Stick, Fruit , Juice & Milk
 Wednesday: Breakfast Pizza, Bagel Stick or Mini Cinnamon Bagels
 Thursday: Pancake or Variety of Cold Cereals with a Cheese Stick, Fruit , Juice & Milk
 Friday: Cinnamon Toast Crunch Crisps, Yogurt, Fruit, Juice & Milk
The Ultimate Breakfast Round and Benefit bars are available everyday as a choice .

USDA is an Equal Opportunity Provider and Employer.

Sun



Mon

Tue

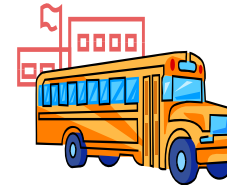
Wed

Thu

Fri

Sat

A Salad Bar is offered each day as a second choice entrée.
 Monday: Yogurt, Cheese Stick, & Graham Crackers with Salad
 Tuesday: Hummus & Pita with Salad
 Wednesday: Taco Meat , Tortilla Chips & Salsa with Salad
 Thursday: Diced Turkey & Goldfish Crackers with Salad
 Friday: Diced Chicken & Graham Crackers with Salad



Everyday your child has a choice of milk and an opportunity to select from a wide variety of fresh fruits and vegetables to complete their meal.

Soybutter & jelly sandwich, cheese stick, and goldfish crackers are offered daily as well.

HIRING
 WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFETERIA HELPERS. APPLY ONLINE TODAY!
 Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

7

1/2 Day of School
 Breakfast Only

8

Mini Whole Grain Corn Dogs
 Seasoned Corn
 Steamed Broccoli
 Peach Cup

9

Whole Grain Cheese Italian Dunkers
 Marinara Sauce
 Chickpea & Tomato Salad
 Pear Cup

10

Whole Grain Breaded Chicken Nuggets
 WCS Made Banana Bread
 Seasoned Peas & Carrots
 Cinnamon Applesauce

11

Whole Grain Galaxy Personal Cheese Pizza
 Seasoned Green Beans
 Fruited Jello

14

Nacho Day

Reduced Fat Beef Taco Meat & Cheese Sauce with Whole Corn Tortilla Chips
 Salsa
 Refried Beans
 Pear Cup

15

Breaded Chicken Patty Sandwich on a Whole Wheat Bun
 Low Fat Ranch Dressing
 Seasoned Corn
 Cherry Tomato Salad
 Peach Cup

16

All Beef Hot Dog on a Whole Wheat Bun
 Sweet Potato Puffs
 Fresh Juicy Watermelon
 Ketchup & Mustard

17

BAGEL FUN DAY
 Whole Grain Bagel
 Light Cream Cheese
 Strawberry Yogurt
 Low Fat Mozzarella Cheese Stick & Assorted Juice
 Applesauce Mousse
 Fresh Broccoli Buds

18

1/2 Day of School
 Breakfast Only

21

BREAKFAST FOR LUNCH
 Whole Grain Mini Maple Pancakes
 Turkey Sausage
 Apple Juice
 Assorted Fresh Vegetables

22

Hamburger with or without Cheese on Whole Wheat Bun
 Sweet Potato Fries
 Vegetarian Baked Beans
 Cinnamon Applesauce
 Ketchup & Mustard

23

"School of Fish" Lunch
 Deli Turkey and Cheese on Goldfish Honey Wheat Bread
 Whole Grain Fish Cracker
 Broccoli Slaw
 Strawberry Kiwi Slushie



24

Popcorn Chicken
 Low Fat Ranch or Ketchup
 WCS Made Banana Bread
 Baked Potato Half
 Dill Seasoned Carrots
 Assorted Fresh Fruits

25

Mexicali Beef Fiestada Pizza
 Seasoned Corn
 Mini Peach Parfait
 Assorted Fresh Fruits & Vegetables

28

Mini Whole Grain Corn Dogs
 Seasoned Corn
 Steamed Broccoli
 Peach Cup

29

Whole Grain Cheese Italian Dunkers
 Marinara Sauce
 Chickpea & Tomato Salad
 Pear Cup

30

No School

31

No School

Free and reduced meal applications can be completed online. This convenient and confidential website allows for quicker processing than the paper applications. The link to www.lunchapp.com is available at the WCS Nutrition Services website.

WE ARE LOOKING FOR YOU!!

**WCS NUTRITION SERVICES IS IN NEED
OF DEDICATED FOOD SERVICE
PROFESSIONALS.**

- **Perfect job to have while your children are in school**
- **Weekends, holidays, and school breaks off**
- **Work shifts allow you to still pick your child up from school**
- **Learn a fun new job, and earn some extra money**

JOIN OUR NUTRITION SERVICE FAMILY

Apply online at

**www.wcskids.net, the
employment tab is at the
top of the webpage.**

**Call 586.698.4158 for
more information.**

