



# Nutrition Services



A nourished student is a learning student!

## MIDDLE SCHOOL ALA CARTE PRICING 2018/19

### Baked Snacks

Cheez Its  
Reduced Fat Doritos  
Tostitos Scoops / Crispy Rounds  
Cheetos

Baked Ruffles  
White Cheddar Popcorn  
Sunchips

.65

### Lunch Entrée

Pizza Slice  
Chicken  
Cold Sandwiches  
Hot Sandwiches  
Main Dish

2.25

Rice Krispie Granola Bars

.75

Betty Crocker Oatmeal Bars

.75

Quaker Oats Bars

.75

Rice Krispie Treat

1.00

Nature Valley Oatmeal Bites

1.00

Motts Fruit Snacks

1.00

Coco Chip Snack Bites

1.00

### Breakfast Entrée

1.25

Chef Salad

2.75

Pretzel 2.5oz

.60

Ice Cream Bars & Cups

.75

Ice Cream Sandwiches

1.00

Ice Cream Cones & Twisters

1.20

*Cereal Bars\**

.75

*Benefit Bars\**

1.00

*Pop Tarts\**

1.15

*Cereal Bowls\**

.50

Fresh Fruit/4 oz Juice

.50

Fresh Vegetables

.50

Cookie

.35

*Muffin\**

.75

*Soybutter & Jelly Sandwiches\**

1.25

4 oz. Yogurt

.55

*Bagel\**

.60

*Lt. Cream Cheese\**

.45

Cheese Stick (lite)

.30

Sparkling Epic Drink

1.50

Izze Drinks

1.50

Cool Tropics Slushie

.75

Milk 8oz (skim or 1%)

.60

MMaid Juice

1.50

Bottled Water

.75

*Items listed that are italicized will only be sold at breakfast.*