

PRESCHOOL/WORLD OF FOURS MENU * MAY ' 24

This institution is an Equal Opportunity Provider.

A Nourished Student is a Learning Student!



Sun

Every-day your child will receive 1% white milk with their meal.

HIRING
WCS NUTRITION SERVICES IS LOOKING FOR A GOOD EMPLOYEES TO FULFILL OUR NEED FOR CAFETERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Mon



6 **Cinco De Mayo Lunch**
Reduced Fat Beef Taco Meat & Shredded Cheddar Cheese
1 Whole Grain Tortilla
1/4 cup Salsa
1/4 cup Refried Beans
1/4 Fresh Oranges

13 4- Whole Grain Mini Turkey Corn Dogs
1/4 cup Veggie Baked Beans
1/4 cup Cinnamon Applesauce
Ketchup & Mustard

20 Certified Halal Beef Steak Burger on Whole Wheat Bun
Smiley Fries
1 bag Fresh Apple Slices
Ketchup & Mustard

27 **No School**

Tue

7 **No School**

14 **Early Release**
1-Beef Taco Stick
Salsa for Dipping
1/4 cup Corn with Peppers
1/4 cup Diced Pears

21 Whole Grain Grilled Cheese Sandwich
1/4 cup Broccoli Salad
1/4 cup Applesauce

28 Italian Pull Apart Cheese & Garlic Bread
1/4 cup Roasted Chickpeas
1/4 cup Diced Pears

Wed

1 Whole Grain Macaroni & Cheese
1/4 cup Seasoned Broccoli
1/4 cup Cinnamon Applesauce

8 4-Whole Grain Chicken Nuggets
1/4 cup Seasoned Broccoli
1/4 cup Diced Peaches

15 Whole Grain Rotini with Meat Sauce
1/4 Cup Seasoned Broccoli
1/4 Mixed Fruit Cup

22 **Cooks Choice Entrée**
1/4 cup Assorted Fruits
1/4 cup Assorted Vegetables

29 Whole Grain Macaroni & Cheese
1/4 cup Seasoned Broccoli
1/4 cup Cinnamon Applesauce

Thu

2 2-Whole Grain Chicken Tenders
1/4 cup Seasoned Carrots
1/4 Cup Mixed Fruit

9 **Bagel Fun Lunch**
1-Whole Grain Bagel
Light Cream Cheese
Strawberry Yogurt
Low Fat Mozzarella Cheese Stick
Baby Carrots
Fresh Apple Slices

16 **Last Day of Preschool Classes**
Whole Grain Waffle
2- Turkey Sausage Links
1/4 cup Marinated Cherry Tomato Salad
1 Fresh Banana

23 Whole Grain Cheese Quesadillas
Served w. Salsa for dipping & 1/4 cup Refried Beans
1/4 cup Diced Peaches
Or
Cooks Choice Entree

30 2-Whole Grain Chicken Tenders
1/4 cup Seasoned Corn
1/4 Cup Mixed Fruit
Or
Cooks Choice Entree

Fri

3 **No School**



10 **No School**

17 **No School**

24 **No School**

31 **No School**

Sat

May 3rd Is School Lunch Hero Day!
Thank you For All You Do!

I am proud to be a **SCHOOL LUNCH HERO**

Due to continued nationwide food shortages and supply chain issues, menus are subject to change depending on availability.

